

COOKING CLASSES FOR GIRL SCOUTS

Daisies or Brownies (first visit): Try It!

Topics Covered: My Pyramid; Kitchen Safety; Proper Food Handling & Measuring Techniques; How to Knead; What is Yeast?

Recipes:

Cheesy Breadsticks
Italian S'mores



Community Service Rate of \$16.00 per scout with a 12 scout minimum

Brownie Legacy Cooking Badge: Simple Snacks

Topics Covered: Healthy Snacking; My Pyramid; Proper Food-Handling & Proper Measuring Techniques; Kitchen Safety

Recipes:

Sweet Snack- Banana Cookie Bites
Energy Snack- Mini Ham & Cheese Muffins
Drinkable Snack- Extreme Smoothie
Savory Snack- Cucumber Dip



Community Service Rate of \$18.00 per scout with a 12 scout minimum

Junior Legacy Cooking Badge: Simple Meals!

Topics Covered: How to Make a Recipe Healthier; Kitchen Safety; Store It Safe!; Food-Related Illnesses; How to Crack an Egg the YCA Way!; My Pyramid

Recipes:

Breakfast- Royal Ham & Eggs Casserole
International Healthy Lunch- Tzatziki & Greek Gyros
Delicious Dessert- Fruit Surprise



Community Service Rate of \$18.00 per scout with a 12 scout minimum

Cadette Legacy Cooking Badge: New Cuisines

(ask us about other culinary badge options!)

Topics Covered: How to Make a Recipe Healthier; Kitchen Safety; My Pyramid; Origins & Evolution of Recipes

Recipes:

Beverage- Spiced Grape Juice
Lunch- Caesar Salad
Dinner- Fresh Pasta (w/ Pomodoro Sauce)

Community Service Rate of \$18.00 per scout with a 12 scout minimum

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