

Gymnastics Programmes

The Little Gym[®], the leading gymnastic based skill development programme, has over 30 years of experience developing children's skills and confidence around the world. Our programme of weekly classes promotes coordination, balance, rhythm and flexibility and enhances your child's listening, emotional, social and intellectual skills. Children thrive in our non-competitive environment where professional and friendly instructors reward children for their individual effort. Running. Jumping, Tumbling, Exploring, The Little Gym® uses age appropriate, innovative and fun activities to bring out the best in each individual child. Children meet new friends, share new experiences and most importantly just have fun.



Holiday Camps

Holidays are no time to be bored! At The
Little Gym*, holidays are made fun.
Children are on the go all the time because
our camps offer a fabulous variety of fun,
activity, learning and creativity. Our noncompetitive skill building camps provide
children with an opportunity for fitness, fun
and total development. The programmes
stimulate physical and motor skill
development with games, gymnastics and
creative workshops. Children love them!



Classes & programmes

PARENT/CHILD CLASSES	Age 4m-3y
PRE-K GYMNASTICS	Age 3-6y
GRADE SCHOOL GYMNASTICS	Age 6-12y
CAMPS	Age 3-8y and 6-12y







Want to be an owner with The Little Gym*? www.thelittlegymfranchise.eu



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The Little Gym Harpenden

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www.harpenden.thelittlegym.eu







Serious Fun.

THE LITTLE GYM

BIRTHDAY BASH





Why The Birthday Bash is so special

Children will have one hour to explore the gym where instructors will facilitate age-appropriate games and physical activities. We use our special gymnastics equipment (bars, beams and tumble area) as well as our parachute, balls and hoops. After an hour of fun and games in the gym, we have time for birthday cake in our specially decorated party area. The party is private so your child and birthday guests will have 100% of our attention. We handle all the details... you just show up with the children.

What we provide

- Exclusive use of our facility: party room / kitchen, lounge area and Gym, plus free
- The Little Gym invitations.
- 2 Qualified instructors to lead your party and assist with the setting up and cleaning up.
- coffee for guests.
- A birthday gift of a tshirt for the birthday

You provide

- Birthday tea and cake (with all the excitement a light snack is plenty).
- Party bags

Pricing

Members £270 **Non-Members £310**

for 1.5 Hours. Price includes up to 20 participating children including the birthday child.

> Additional Child £10 Non Refundable deposit £50

We only charge for the number of children that attend the party. not the number that you invite. Up to 25 children.

Book your Birthday Party

The LittleGym® runs parties for children from 1 to 12 years of age. Party slots are available on Saturday and Sunday.

Call us for availability

Call us on 01582 712423



