

Testimonials about the Work of Joe Swinski, LMT

“After 18 years of gymnastics, my body is pretty beat up, to say the least. Whip lash after whip lash resulted in regular migraines, which could only be alleviated before with medicine and caffeine. At 22-years-old, I didn't want to have to rely on pain medication to make it through the day. After I started seeing Joe, my migraines have slowed tremendously to the point where they only come on when I'm stressed. Joe uses different techniques depending on where you're feeling the most pain. He also teaches you ways to correct your posture and to work out any pain while at home. I've recommended Joe to all of my athletic friends. Popping pain relievers is not the only way to deal with migraines and pain - massage therapy works!” -ES

“I first began working with Joe in October of 2010 as I was finishing physical therapy. The physical therapist recommended Joe, which I considered to be quite impressive. I was having significant pain in my neck and shoulder area. Within a few visits with Joe I was doing much better. I have continued to see Joe on a regular basis since 2010 and Joe has successfully adapted the massage to whatever needs I am having. I look forward to continuing my massage therapy sessions with Joe. He is a true asset to All That Matters.” -MP

“Joe is a naturally gifted massage therapist who is dedicated to his craft and is always seeking ways to enhance his skills and better serve his clients. He is a consummate professional at all times. He is extremely talented and approaches each session with enthusiasm and positive energy.

I have been a regular client of Joe's for several years and have seen him for 60 minute sessions on a consistent basis. His work with me was second-to-none. No other massage therapist in my experience has even come close to Joe's quality of work and skill level. I have been truly impressed with his overall knowledge of not only different massage modalities, but health and fitness knowledge in general.

I'm a busy professional and I also participate in a variety of fitness pursuits. Joe has always adapted each session to my current needs, whether stress and tension relief, or muscle pain and soreness. He ensured I was completely satisfied each and every session. He went to great lengths to provide the best possible experience. My therapy sessions with Joe have definitely enhanced my health and well-being.

I'm truly sad to be moving out of the area and will miss his expert care and exceptional service.” -MB