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YogaBalance moves to Hooksett Road

MANCHESTER YogaBalance has moved to a new location in the North End of Manchester, at 135 Hooksett Road, two doors down from the Puritan in the Bank of America building.

YogaBalance's official opening ceremony will be attended by Mayor Ted Gatsas and state Sen. Lou D'Allesandro on Thursday, Sept. 9, from 4 to 8

p.m.

The event is free and open to all. YogaBalance will offer free 30-minute Yoga classes, hors d'oeuvres and an opportunity to meet with Yoga instructors.