

FANTASTIC FRUIT DIP & KIDS KABOBS



Ingredients

For the Kabobs:

Strawberries

Fresh Pineapple (precut into cubes)

Grapes

Melon (Watermelon, cantaloupe etc.
precut into cubes)

Bamboo Chopsticks (safer than skewers)

For the Dip:

1/4 cup plain or vanilla yogurt

1/2 Tablespoon light brown sugar

1/8 teaspoon vanilla

Pinch cinnamon



Cooking Instructions

To make the Kabobs:

- Fully **wash** all the fruit
- Using a safety knife and with an adults help, **cut** the leafy ends off each strawberry
- **Slide** pieces of fruit onto each stick to make a fun fruit kabob. Use **patterns** if desired.

To make the dip:

- **Combine** yogurt, brown sugar, vanilla and cinnamon into a small bowl.
- **Mix** well and enjoy with your fun fruit kabobs!