AGUAS FRESCAS (FRESH WATERS)

Aguas Frescas is a traditional beverage commonly sold by street vendors in Mexico, other South American countries and in the United States!

Ingredients

2 cups cubed fresh watermelon

1 cup cold water

2 Tbsp granulated sugar

1/2 lime, juiced

Ice



Instructions

- With the help of an adult, add watermelon, water, sugar, and lime juice to a blender and **blend** on medium for 15-20 seconds with the lid on!!
- Place a small mesh **strainer** over a class measuring cup and pour contents of blender into strainer. Help the liquid through the strainer using a small spoon. Discard pulp.
- Add ice to a cup, fill with Aquas Frescas and **garnish** with pieces of fruit or a lime.
- Enjoy a delicious Mexican beverage!

